



Highlights:

- -Purchase of Arya Bhavan
- -Afternoon Tea

Fundraiser

-Live Music and

Karaoke nite

-Arya Sthapna

Divas

-Monthly Satsangh

Upcoming:

- -Musical nite
- -Hindu Festivals
- -Deepawali

Website Update









Newsletter

Arya Samaj Australia Inc Vedic Social Cultural Centre

Preservation Protection Promotion and Perpetuation of Vedic Culture

"Vasudhaiva Kutumbakam"
The whole world is one (my) family

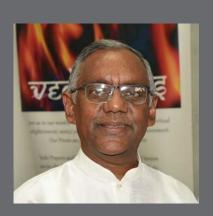


Vedic Social Cultural Centre

Address: Unit 7/45-47 Whyalla Place, Prestons, NSW 2170 Telephone: 02-8850 4172, Mobile: 0407 905 110

Email: aryasamajofaustralia@hotmail.com

Web: www.aryasamaj.org.au



Introducing:

Pt Awindra Prasad

President, Vedic Pratinidhi Sabha and Arya Samaj of Australia Incorporated.







Editorial

President of VPSASA Inc Vedic Social Cultural Centre

Namaste to all

I am delighted to share with you the exciting news that the Vedic Pratinidhi Sabha and Arya Samaj of Australia (VPSASA) is resuming the publication of our Newsletter. As the President of VPSASA, I am honoured to write this editorial for our community.

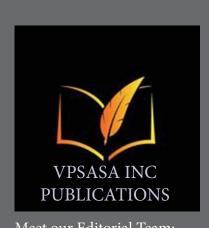
Arya Bhavan. Unit 7/45-47 Whyalla Place, Prestons, NSW 2170: A Proud Milestone

Our journey has been marked by dedication, unity and unwavering commitment to our cultural and spiritual heritage. I am thrilled to announce that the VPSASA is in the final stages of completing the purchase of the Arya Bhavan, Unit 7, located at 45-47 Whyalla Place, Prestons, NSW 2170. This facility will serve as a hub for our religious, cultural and traditional activities. It will be a place where we can come together, celebrate and strengthen our bonds as a community.

Continuing Satsanghs

Our regular Satsanghs have been a source of inspiration and spiritual growth. The gatherings allow us to connect with each other, learn from our scriptures and deepen our understanding of Vedic principles. Let us continue to participate actively in these Satsanghs, nurturing our souls and fostering a sense of belonging.

continue next page



Meet our Editorial Team:

VPSASA INC



Nikhil Rughani



Parag Deshpande



Peeyoosh Grover



Ashok Kumar

Celebrating Swami Dayanand Saraswati's 200th Jayanti and 150 Years of Arya Samaj

This year holds a special significance as we celebrate the 200th Birth Anniversary (Jayanti) of the founder of Arya Samaj, Swami Dayanand Saraswati and the 150th Year of the establishment of Arya Samaj. Swami Ji's teachings continue to guide us, emphasizing truth, knowledge and service. Let us honour his legacy by embodying these principles in our lives and contributing positively to society.

Gratitude and Future Support

I extend my heartfelt gratitude to all members and supporters of Arya Samaj. Your unwavering commitment has brought us to this momentous juncture. As we move forward, I invite you to join hands with us, ensuring that our Arya Bhavan becomes a vibrant center for our community's growth and wellbeing.

Together We Progress

Let us march forward with enthusiasm, unity and a shared vision. Together, we can create a legacy that inspires generations to come.

I look forward to your continued support and active participation.

Thanks to the Editorial Committee

I thank the Editorial Committee, comprising of Nikhil Rughani, Parag Deshpande, Peeyoosh Grover and Ashok Kumar, who have taken the initiative to regularly publish the VPSASA Newsletter.

Pt Awindra Prasad

President, Vedic Pratinidhi Sabha and Arya Samaj of Australia Incorporated.

Fundraiser:









TeaTime

Successful Afternoon Tea Fundraising Events

Our Afternoon Tea Programs have been a resounding success! Held at our very own Arya Bhavan, these events helped raise funds to complete the purchase of the Arya Bhavan. Currently VPSASA requires to raise about \$170,000 to complete the contract for sale. We extend our heartfelt gratitude to all the generous supporters who are making the purchase of the Arya Bhavan possible.





















Monthly Satsangh Calendar:

YEAR 2024

JANUARY 28 Satsangh

FEBRUARY 25 Satsangh

APRIL 28 Arya Sthapna Diwas

MAY 26 Satsangh

JUNE 30 Satsangh

JULY 28 Satsangh

AUGUST 27 Satsangh

SEPTEMBER 29 Satsangh

OCTOBER 27 Diwali

NOVEMBER 24 Satsangh

DECEMBER Holiday

SATSANGH ORGANISER

General Secretary **Sukirti Arya 0454 315 985**

Satsangh

The Month of April is Unique in the Arya Samaj Calendar











The recent April Satsangh was a momentous occasion as we commemorated the 200th Jayanti of Swami Dayanand Saraswati and the 150th Anniversary of Arya Samaj. It was a time of reflection, unity, and spiritual growth. Satsanghs are held on the last Sundays of every month at 3.00pm at the Arya Bhavan, Unit 7/45-47 Whyalla Place, Prestons.

May Satsangh will be held on Sunday 26th May at the Arya Bhavan. The Satsangh will be hosted by Rajendra and Gita Kumar in the memory of Gita's Dear Mata Ji, Late Bindmati Nath Sharma.

See details next page



Obituary:

SUNRISI

9th August 1929

SUNSET

30th March 2024

In Memory

Mrs. Bindmati Sharma

Brief History

Mrs Sharma was born in Kavanagasau, Nadroga on the 9th of August 1929 in a family of four, 2 brothers and 2 sisters. She married at early age of 14 years on 15 May 1945 to Pundit Duendra Nath Sharma who was 18 years old at that time.

The couple lived in an extended family at Votualevu, Nadi for a while and later bought a farm and lived in Lomawai, Nadroga.

They had 11 children, 7 daughters and 4 sons.

Mrs Sharma passed away on the 30th March 2024 at a ripe old age of 94 years. She was a grandmother of 28 grandchildren and many more great grandchildren.

Mrs Sharma has been a widow since 1979 and had devoted her life to guide her children and grand-children.

She had a good fortune of having her children in many parts of the world. She has travelled to visit them in United States, Canada, United Kingdom, India, Australia, New Zealand and Tonga.

Mrs Sharma's memories will always be cherished by her family, friends and relatives.

Om Shanti Shanti Shanti



Future Leaders:

Crossword prepared by Wishthi Deshpande





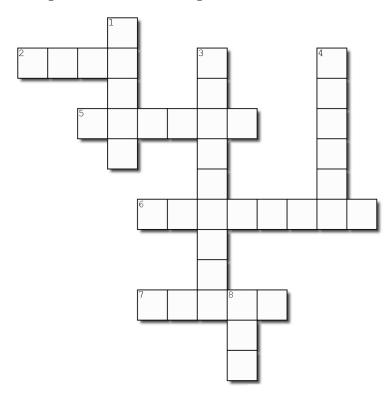


Our Future

Our Children and Youth are Future to our Cultural Survival

CROSSWORD

Complete the crossword puzzle below:



Across:

- **2.** Any collection of noble people
- **5.** A motivating chant which is repeated to aid in meditation
- **6.** The ancient language in which the Vedas are written
- 7. They are the ancient texts of India, holding sacred truths and divine knowledge

Down:

- **1.** A ritual in which offering are made to a sacred fire
- **3.**The teacher under whom Swami Dayanand Saraswati
- Dayanand Saraswati completed his Vedic studies
- **4.** The city where the first Arya Samaj was founded
- **8.** The one, true name of God



Vedic Social Cultural Centre

Hall Hire

- -Satsangh
- -Hindu Prayers
- -Yoga classes
- -Hindi language classes
- -Meeting point
- -Childrens activities
- -Elderly gathering
- -Celebrate festivals





Address

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0407 905 110

<u>Email</u>

aryasamajofaustralia@ hotmail.com

Wehnage

www.aryasamaj.org.au

Arya Bhavan

Vedic Social Cultural Centre The New Beginning....

Arya Bhavan Available for Community Use:

Good news! The Arya Bhavan is now available for community use. Members and supporters can utilize this space for their activities, meetings, and gatherings. Enquiries regarding its use can be made by contacting the VPSASA Committee at

aryasamajofaustralia@hotmail.com.







Team VPSASA Inc:



FOUNDER OF THE FIRST ARYA SAMAJ INDIA

Maharishi Dayanand Saraswati



FOUNDER OF THE
VPSASA INC
AUSTRALIA
Pundit S N Hari Prasad
Arya Ratan

VPSASA Inc

Arya Samaj Australia Executive Committee Team, Members With Supporters and Donors



2024



2017



2012

VPSASA acknowledges that the photos include some members who are no longer with us today. We remember with gratitude the contributions of those who have been part of our community. Their presence has left an indelible mark, and their legacy lives on.



Fundraiser:

Devendra and Savitri Bisram:

Our Dynamic Organizers: We extend our
heartfelt gratitude to the
dynamic duo, Devendra
and Savitri Bisram, who
meticulously orchestrated this grand musical
soirée. Their dedication,
passion, and tireless
efforts ensured that every
note struck a chord in
our hearts.





Music Nite

Highlights of Live Music and Karaoke on February 2024



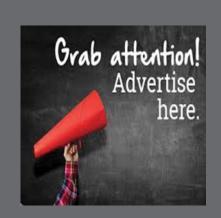


A Night to Remember! We are thrilled to share the resounding success of the Musical Nite held on February 24 at our beloved Arya Bhavan. The vibrant melodies, soulful tunes, and electrifying performances turned this event into an unforgettable experience for all attendees.

Full House Attendance: The Arya Bhavan echoed with applause as music enthusiasts, families, and friends gathered to celebrate the magic of music. Our community's unwavering support made this event a true testament to our unity and shared love for cultural enrichment.

Stay Tuned: The Musical Nite was just the beginning! Keep an eye out for more exciting events at Arya Bhavan. Your continued support ensures that our community centre remains a vibrant hub for cultural, religious, and social activities.

Thank you for making the Musical Nite a resounding success. Let the music continue to bind us together!



Business Advertising:

For limited time only, we are offering all members interested in promoting and marketing their business with us at no cost obligation.

Contact VPSASA INC to reserve your business advertising space

Contact:

Phone

02-8850 4172

Mohile

0407 905 110

Email

aryasamajofaustralia@ hotmail.com

Webpage

www.aryasamaj.org.au

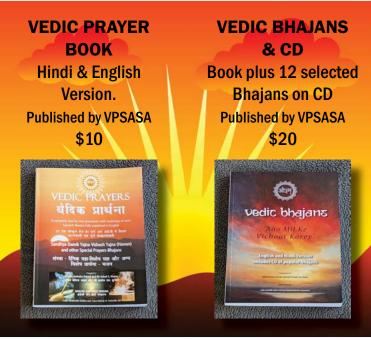
Advertising

Your Smart Business Branding is Right Here...

Extravaganza Music Evening featuring Dhwani

Join us for an enchanting evening of music with the renowned Dhwani Group. The event will take place on 4th May 2024 at the Arya Bhavan. Get ready to be mesmerized by their soulful melodies and rhythmic tunes.







Treasurer:

Pt. Parag Deshpande VPSASA INC



The Prime Minister of India, Shri Narendra Modi addressed a programme on the 200th birth anniversary of Swami Dayanand Saraswati organized at the birthplace of Swami Dayanand, Tankara in Morbi, Gujarat, via a video message.

Analysis of the Principles of Arya Samaj

Parag Deshpande

Maharashi Dayanand Saraswati established Arya Samaj in the month of Chaitra Shudh Pratipada, that is, on 10th April 1875 in Mumbai, India. Since its formation, the organisation has done innumerable public awareness and public welfare programs. Maharshi Dayanand gave the motto "krnvanto vishwam āryam" i.e. make the whole world noble, from the below Ved mantra:

Indram vardhanto apturah krnvanto vishwam āryam. Apaghnanto arāvnnah. (Rig Veda 9: 63: 5)

Based on the motto, 10 principles were formed. Every word of these principles reveals the profound knowledge and thinking of Maharashi Dayanand.

- The first three principles show that this is a religious organisation of people who are not only theists, however monotheistic, and believe in the eternal knowledge of God, the Vedas.
- The word "Truth" appears in the first five principles of the Arya Samaj. In the eyes of its founder, truth and justice are the cornerstone of humanity. Rishi Dayanand has given great emphasis on truth. According to the Arya Samaj ideology, it is not only necessary to know and believe the truth, however it is essential to bring it to life and follow it.



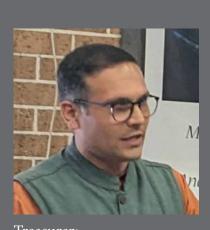
Prof. Rajendra Jigyasu

"Arya Samaj Kya? Au Kyoon?

- The fourth principle of Arya Samaj places great emphasis on good conduct. What is the benefit of that religion which does not reform the individual and the society? Arya Samaj doesn't make anyone religious by stopping them from asking questions or by locking their intellect. On the contrary it inspires them to do every Karma with logic and intelligence.
- The remaining five principles give an understanding of the social duties of a person. We have certain duties towards the society in which we live. These five principles tell us how we should live our lives in society and how we should behave with each other. Arya Samaj ideology neither believes in individualism nor gives so much importance to the society that the interests of the individuals are sacrificed. Social progress is not possible without personal progress, and individual development is not possible without a well-developed society.

Arya Samaj is the first religious organisation in the world to give importance to all these things in its rules. And this is the uniqueness of Arya Samaj!

For complete analysis see the book "Arya Samaj Kya? Aur Kyoon? By Prof. Rajendra Jigyasu.



Treasurer:

Pt. Parag Deshpande VPSASA INC

Celebrating Ram Navmi - the birth of Sri Ram

Parag Deshpande

Shri Ram Chandra was born on the ninth day of Chaitra month (Chaitra Shukla Navmi). His karma, his character has influenced the entire world by helping people take the righteous path and leave unrighteousness. There have been many great personalities in this world, but the character of Shri Ram has made a home in everyone's mind. It is said that if anyone has to give an example of:

- 1. What the best governance is, then they say that the governance should be like Ram-Rajya.
- 2. How to do Nishkaam karma, then they say it as do it like Shri Ram
- 3. सुखदु:खे समे कृत्वा लाभालाभौ जयाजयौ. How to remain balanced in happiness and distress, loss and gain, victory and defeat, then they say it should be just like Shri Ram. For example, Maharishi Vashishtha says, when the order for exile was received moments after the coronation of Shri Ram was announced, there was no difference in the expressions of Shri Ram. He had remained in balance and in control of his emotions.

Furthermore, Shri Ram is addressed by numerous adjectives:

- 1. Dushta Samharak (evil destroyer)
- 2. Patit Udhharak (Redeemer of the fallen)
- 3. Mahila Samman (women respect)
- 4. Ek Baani (Best Archer)





- 5. Ek Vachani (One who doesn't need to rephrase his words)
- 6. Ek Patni (Monogamist)
- 7. Aadar Yukt Aacharan (respectful conduct)
- 8. Ajay Yodha (invincible warrior)
- 9. Did not wish for anyone's kingdom. Bali's kingdom was given to Sugriva, and the golen Lanka to Vibhishana.
- 10. Lok Sangrahak
- 11. Praja Palak Naresh
- 12. Selfless
- 13. World dignity administrator
- 14. Purushottam

Shri Ram's life is decorated with many such adjectives. Many movies and television series have helped to spread Shri Ram's character across the world.

After taking birth in a Chakravarti family, becoming a prince, renouncing the royal family, wearing clothes made of tree bark, accepting 14 years of exile in the forest and surviving of just fruits is no ordinary task, one has to be Purushottam for this (best for this). Not only this, Sita, who has just got married and is the daughter of a king like Janak, accepted exile with equal joy. And the brother, the best warrior, who was always by Shri Ram and protected Shri Ram and mother Sita, also happily accepted 14 years of exile in one moment. All these events come together to show the story of the extraordinary, the unprecedented. That's why Ramayana is liked by all. Even today, after around 9 hundred thousand years facing all the opposition attacks, Ramayana and the story of Shri Ram continues to exist.

During Shri Ram's 14 years of exile in the forest, many demons opposed him and attacked him. However they were unsuccessful in hurting him, so his wife was kidnapped by deceit.



Vedic measurement of time:

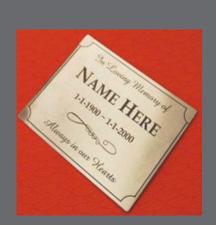
In Vayu Purana, the period of Ramayana is said to be in the 24th Yug towards the end of Treta Yug. Today 28th Yug is in progress. Even if we leave these 28 Yug, and count from the end of Treta Yug, this period is more than 9 hundred thousand years.

Dwapar Yug - 864,000, Kali Yug - 5,100, Total -869,100. Shri Ram defeated and killed all of them and established Su-Rajya (peace) there. It is remarkable that he did not take the help of his own army from Ayodhya or his father-in-law's army for this work. He waged this war with the help of the local people and destroyed the wicked.

Until the time Ram was in Ayodhya, he was a beloved prince. After 14 years of exile in the forest and destroying the wicked, he was called Maryada Purushottam Shri Ram. We are the descendants of such a Purushottam. We are descendants of the great Shri Ram. This is not only our fate, but our good fortune. Arya Samaj, preaches to everyone not to be ignorant to the teachings and lessons they taught, and promotes everyone to integrate those learnings into their own lives.

If we understand the message of Shri Ram and try to adopt it in our lives, then only we will be successful in attaining Vaibhay, in other words, Salvation. So the message of Shri Ram is to take care of our karma, conduct ourselves towards the right direction, do it wisely, do it by combining with virtues. If we do not do any good deeds then we will not get this human birth again. Whatever wealth we have, whatever knowledge we have, whatever power we have, we have achieved through hard work. This is of course used for our material pleasure and happiness, but it must also be converted into Punya, and then we are entitled to God's grace, we are entitled to happiness, and are entitled to salvation.

Dear friends, we always work for ourselves and our families. However, if we work for the benefit of others, for the benefit of the community, it will bring meaning to our life. Then only we will make our small contribution in carrying forward the messages of the greats like Shri Ram and Shri Krishna, the tradition of the sages, and the Vedic knowledge.



Note:

The Arya Bhavan
Memorial Plaque is a
community initiative,
and all proceeds go
toward the betterment
of Arya Bhavan.

A Timeless Tribute

Introducing the Memorial Plaque at Arya Bhavan:

Vedic Pratinidhi Sabha and Arya Samaj of Australia (VPSASA), are thrilled to announce the upcoming installation of the *Arya Bhavan Memorial Plaque*—a lasting tribute to honour the memory of our loved ones. This beautiful memorial will find its place within the heart of Arya Bhavan, where countless memories will be made, and where our community will continue to thrive.

Purpose and Significance

The Arya Bhavan Memorial Plaque serves as a bridge between generations—a testament to the enduring spirit of those who have touched our lives. Each space on the plaque represents an opportunity to commemorate a cherished relative, friend, or mentor who has left an indelible mark on us. By reserving a space, you contribute to the legacy of Arya Bhavan and ensure that their memory lives on.

How It Works

- 250 Spaces: We have carefully designed 250 spaces on the memorial plaque, each available for purchase.
- Price per Space: A contribution of \$1,000 secures a dedicated space for your loved one.
- Personalization: You can personalize your space with the name of the deceased, with a significant date.
- Timeless Tribute: The memorial plaque will be prominently displayed within Arya Bhavan, a place of spiritual, cultural, and communal significance.



Why Reserve Your Space Now?

- Limited Availability: With only 250 spaces, we encourage you to act swiftly to secure your spot.
- Community Bonding: By participating, you join hands with fellow community members in preserving our shared heritage.
- Immediate Impact: Your contribution directly supports the purchase, maintenance and enhancement of Arya Bhavan.

How to Reserve

- 1. Contact Us: Reach out to our dedicated team to express your interest and reserve your space.
- 2. Payment: Make your payment securely on line or through other convenient methods.
- 3. Personalization: Provide the necessary details for personalizing your space.

Act Today, Preserve Tomorrow

Let us come together as a community to honour those who have shaped our journey. The *Arya Bhavan Memorial Plaque* is more than a physical structure—it is a living testament to the love, wisdom, and resilience that bind us.

For inquiries and reservations, please contact us at *aryasamajofaustralia@hotmail.com* or visit our website. Let us ensure that no memory is forgotten, and no legacy fades away.

With gratitude, Namaste!

Pt Awindra Prasad

President, Vedic Pratinidhi Sabha and Arya Samaj of Australia (VPSASA)

Contact Information:

- Email: aryasamajofaustralia@hotmail.com
- Phone: +61 407905110
- Website: www.aryasamaj.org.au



You can make a "Donations for the Arya Bhavan" by direct deposit:-

Bank

Westpac

Account Name

VPSASA

BSB

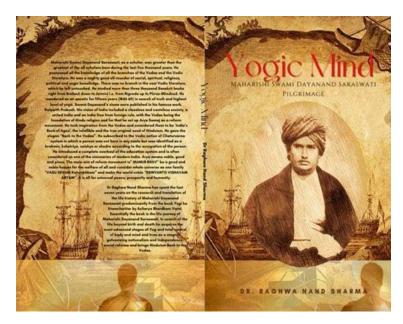
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Account Number

134435

You are the Force for the Change. Together we can Make a Difference

This Book Yogic Mind is Captivating



"The Author, Dr Raghwa Sharma, has pledged proceeds of the sale of 100 books towards the Arya Bhavan Project". The price of the book is \$100 each

To purchase the Yogic Mind, please contact VPSASA at email; **aryasamajofaustralia.hotmail.com** or contact Dr Raghwa Sharma on **0410 156 384**



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Updating:

WATCH THIS SPACE

Stay tuned, exciting news coming soon your way

Updating

VPSASA Website





Our website, **aryasamaj.org.au** is undergoing exciting updates. We invite you to submit your ideas, articles, and contributions to be included on our revamped.

Send your submissions to:

aryasamajofaustralia@hotmailcom

We respect and honour Aboriginal and Torres Strait Islander Elders past, present, and future.